

# PEDIATRIC PLAN OF CARE

Patient's Name : \_\_\_\_\_ Phone Number : \_\_\_\_\_

Medical Diagnosis : \_\_\_\_\_ Date of Onset : \_\_\_\_\_ Date of Surgery : \_\_\_\_\_

Therapy Diagnosis : \_\_\_\_\_

Treatment Prescribed : Evaluate and Treat as indicated Splint / Orthotic Fit or Fabrication \_\_\_\_\_

- |                                 |                              |                                       |
|---------------------------------|------------------------------|---------------------------------------|
| Continue established program    | Developmental / Motor skills | Neuromuscular Reconditioning Program  |
| Patient / Family Education      | Home Exercise Program        | Cognitive / Perceptual Training       |
| Orthotic / Splint Training / Ed | Aquatic Rehab (Heated Pool)  | Sensory Integration Training          |
| Adaptive Equipment Training     | General Reconditioning       | Oral Motor / Feeding Activities       |
| Neurodevelopmental Treatment    | Equipment Training           | Gait Training / Pre-Gait preparedness |
| Soft Tissue Stretching          | Other as indicated : _____   |                                       |

Frequency : *TIW BIW PRN Other* \_\_\_\_\_ Duration : \_\_\_\_\_ Recheck by Physician : \_\_\_\_\_ PRN

Special Instructions or Precautions : \_\_\_\_\_

## MEDICAL SUMMARY

Related Medical Findings : \_\_\_\_\_ Medications : See attachment in chart

Summary of Previous Treatment related to this Diagnosis : \_\_\_\_\_

### Goals for Rehab : *Short Term* To be met in \_\_\_\_\_ wks

- | Fine Motor Skills   | Gross Motor Skills                                      | General   |
|---|---|---|
| <input type="checkbox"/> Reach and grasp _____                | <input type="checkbox"/> Roll over _____                | <input type="checkbox"/> Improve muscle tone to _____           |
| <input type="checkbox"/> Stack _____ Blocks in _____          | <input type="checkbox"/> Sit alone _____                | <input type="checkbox"/> Tolerate activities _____              |
| <input type="checkbox"/> String _____ Beads together in _____ | <input type="checkbox"/> Crawl on hands and knees _____ | <input type="checkbox"/> Tolerate ROM _____                     |
| <input type="checkbox"/> Complete _____ piece puzzle          | <input type="checkbox"/> Play in half-kneel _____       | <input type="checkbox"/> Tolerate Stretching of _____           |
| <input type="checkbox"/> Use hands to _____                   | <input type="checkbox"/> Play in tall kneel _____       | <input type="checkbox"/> Tolerate sensory activities _____      |
| <input type="checkbox"/> Finger feed _____                    | <input type="checkbox"/> Pull to stand _____            | <input type="checkbox"/> Tolerate vestibular activities _____   |
| <input type="checkbox"/> Hold a crayon _____                  | <input type="checkbox"/> Stand alone _____              | <input type="checkbox"/> Tolerate tactile activities with hands |
| <input type="checkbox"/> Catch a Ball _____                   | <input type="checkbox"/> Walk _____                     | <input type="checkbox"/> Tolerate oral motor activities         |
| <input type="checkbox"/> Use pencil to _____                  | <input type="checkbox"/> Kick a ball _____              | <input type="checkbox"/> Feed self using fingers                |
| <input type="checkbox"/> Copy _____ shapes _____              | <input type="checkbox"/> Jump _____                     | <input type="checkbox"/> Feed self using spoon / fork _____     |

### Goals for Rehab : *Long Term* To be met in \_\_\_\_\_ wks

- | Fine Motor Skills   | Gross Motor Skills                                      | General   |
|---|---|---|
| <input type="checkbox"/> Reach and grasp _____                | <input type="checkbox"/> Roll over _____                | <input type="checkbox"/> Improve muscle tone to _____           |
| <input type="checkbox"/> Stack _____ Blocks in _____          | <input type="checkbox"/> Sit alone _____                | <input type="checkbox"/> Tolerate activities _____              |
| <input type="checkbox"/> String _____ Beads together in _____ | <input type="checkbox"/> Crawl on hands and knees _____ | <input type="checkbox"/> Tolerate ROM _____                     |
| <input type="checkbox"/> Complete _____ piece puzzle          | <input type="checkbox"/> Play in half-kneel _____       | <input type="checkbox"/> Tolerate Stretching of _____           |
| <input type="checkbox"/> Use hands to _____                   | <input type="checkbox"/> Play in tall kneel _____       | <input type="checkbox"/> Tolerate sensory activities _____      |
| <input type="checkbox"/> Finger feed _____                    | <input type="checkbox"/> Pull to stand _____            | <input type="checkbox"/> Tolerate vestibular activities _____   |
| <input type="checkbox"/> Hold a crayon _____                  | <input type="checkbox"/> Stand alone _____              | <input type="checkbox"/> Tolerate tactile activities with hands |
| <input type="checkbox"/> Catch a Ball _____                   | <input type="checkbox"/> Walk _____                     | <input type="checkbox"/> Tolerate oral motor activities         |
| <input type="checkbox"/> Use pencil to _____                  | <input type="checkbox"/> Kick a ball _____              | <input type="checkbox"/> Feed self using fingers                |
| <input type="checkbox"/> Copy _____ shapes _____              | <input type="checkbox"/> Jump _____                     | <input type="checkbox"/> Feed self using spoon / fork _____     |

Rehab Potential: Good    Fair    Poor

Patient aware of diagnosis & Prognosis :    Yes \_\_\_\_ No \_\_\_\_

**I CERTIFY THAT THE ABOVE SERVICES ARE REQUIRED BY THIS PATIENT ON AN OUT-PATIENT BASIS.**

**Referring/Treating Professional's Signature :** \_\_\_\_\_ **Date :** \_\_\_\_\_

**Printed Name of Referrer :** \_\_\_\_\_ **Phone :** \_\_\_\_\_

*Referrer must be authorized by the state of Texas , and by their specific licensure board to refer such services as outlined above.*